



SELF CARE LAB

by Erika Waxman

SERVICES MENU

RELAX. RECHARGE. RESULTS.

921 PORT WASHINGTON BLVD.
SUITE 3
PORT WASHINGTON
NEW YORK 11050

CALL US TODAY:
(516) 675-2239

all about the face

***SELF CARE FACIAL:** \$150 - 1 hr

**Customize to your current skincare needs – Extractions included.*

BACK FACIAL: \$140 - 1 hr

FIRE AND ICE RED CARPET FACIAL: \$185 - 1 hr

CLEAR SKIN FACIAL (FOR ACNE PRONE): \$125 - 45 min

IS CLINICAL PRODIGY PEEL:

Phase 2: \$200 - 1 hr

Phase 3 \$250 - 1 hr

DERMAPLANING: \$85 - 30 min

TEEN FACIAL: \$120 - 1 hr

EXPRESS FACIAL: \$70 - 30 min

ADD-ONS

CELLUMA PRO LED LIGHT THERAPY: \$30 - 30 min

Featured Treatment

GET YOUR GLOW ON WITH PRX

***PRX DERM PERFEXION:** (45 min)

1 session - \$400

4 sessions - \$1,600 (weekly for 4 weeks)

***PRX PLUS:** (45 min)

1 session - \$450

5 sessions - \$2,250 (biweekly for 5 treatments)

PRX PLUS FOR THE BODY:

1 session - \$450

5 sessions - \$2,250 (biweekly for 5 treatments)

WHAT IS PRX?

PRX Skin Rejuvenation Treatment is a no downtime collagen stimulating skin treatment designed to instantly brighten, smooth, and firm the skin. PRX helps improve fine lines, uneven texture, acne scarring, and dullness while promoting a lifted, radiant glow version of you without the peeling. For those worries about needles, don't worry. It's safe for all skin types and no needles needed. Clinically proven of 20+ years of rigorous safety and efficacy testing. Individual results may vary and dependent on number of treatments.

WHICH ONE IS RIGHT FOR ME?

PRX Derm Perfexion — Ideally for: early aging, texture, acne marks, and dullness. Think of this as overall rejuvenation and collagen boosting. It gives that smooth, firm, glassy-skin look with little to no peeling.

PRX Plus — Is targeted for more mature skin. Naturally this is the next step to target deeper wrinkles, melasma, and advance pigmentation. 5 treatments is recommended instead of 4 and this is used for the body instead of PRX Derm Perfexion.

**Ideally recommended for 5+ sessions for the better results*

hairy situation

LASER HAIR REMOVAL:

LIP: 1 session - \$45 / 6 sessions - \$270

NOSE: 1 session - \$50 / 6 sessions - \$300

CHIN: 1 session - \$50 / 6 sessions - \$300

SIDEBURNS: 1 session - \$50 / 6 sessions - \$300

FACE: 1 session - \$154 / 6 sessions - \$924

NECK: 1 session - \$84 / 6 sessions - \$504

AREOLA: 1 session - \$50 / 6 sessions - \$300

UNDERARMS: 1 session - \$80 / 6 sessions - \$480

UPPER ARMS: 1 session - \$154 / 6 sessions - \$924

FOREARMS: 1 session - \$154 / 6 sessions - \$924

FULL ARMS: 1 session - \$174 / 6 sessions - \$1,044

FINGERS: 1 session - \$80 / 6 sessions - \$480

HANDS & FINGERS: 1 session - \$80 / 6 sessions - \$480

BIKINI LINE: 1 session - \$80 / 6 sessions - \$480

FULL BIKINI: 1 session - \$154 / 6 sessions - \$924

BRAZILIAN: 1 session - \$180 / 6 sessions - \$1,080

THIGHS: 1 session - \$234 / 6 sessions - \$1,404

HALF LEG: 1 session - \$204 / 6 sessions - \$1,224

FULL LEG: 1 session - \$324 / 6 sessions - \$1,944

TOES: 1 session - \$50 / 6 sessions - \$300

FEET & TOES: 1 session - \$104 / 6 sessions - \$624

MEN'S LASER HAIR REMOVAL:

EARS: 1 session - \$50 / 6 sessions - \$300

NOSTRILS: 1 session - \$50 / 6 sessions - \$300

CHEEKS: 1 session - \$80 / 6 sessions - \$480

JAWLINE: 1 session - \$80 / 6 sessions - \$480

FULL BEARD: 1 session - \$205 / 6 sessions - \$1,230

NECK (FRONT & BACK): 1 session - \$130 / 6 sessions - \$780

SIDEBURNS: 1 session - \$80 / 6 sessions - \$480

UNDERARMS: 1 session - \$80 / 6 sessions - \$480

FULL BACK: 1 session - \$205 / 6 sessions - \$1,200

CHEST (INCLUDES STOMACH FRONT):

1 session - \$205 / 6 sessions - \$1,200

WAX SERVICES:

EYEBROW WAX/SHAPE: \$20

NOSTRILS: \$15

UPPER LIP: \$20

CHIN: \$20

FULL FACE: \$45

UNDERARMS: \$30



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planet Venus

INTENSE PULSED LIGHT (IPL) VERSA:

A non-invasive light-based skin rejuvenation treatment that uses broad-spectrum pulses of light to treat pigmentation, redness, acne, and signs of aging with minimal downtime. IPL is a way to diminish dark spots and other signs of premature aging for a more youthful, radiant complexion.

VENUS VERSA TRIBELLA:

An advanced 3-in-1 facial rejuvenation treatment combining IPL photorejuvenation, RF skin tightening, and NanoFractional RF resurfacing to improve pigmentation, redness, fine lines, wrinkles, acne scars, skin texture, and firmness. Stimulates collagen for smoother, brighter, more youthful-looking skin with minimal downtime. A series of three treatments is recommended for optimal results.

VENUS VERSA BODY CONTOURING:

Sculpt, Tighten, and smooth. A non-invasive treatment that uses advanced radio frequency and pulsed electromagnetic fields to reduce the appearance of cellulite, improve skin firmness, and contour targeted areas of the body. By stimulating collagen production and enhancing circulation, this comfortable treatment helps create a smoother, more toned appearance with no downtime.

VENUS VERSA:

A customizable, non-invasive treatment that combines advanced light and radio frequency technologies to improve skin tone, texture, firmness, acne, pigmentation, and body contours—revealing smoother, healthier, more radiant skin with minimal downtime.

VENUS VIVA:

A non-invasive skin resurfacing treatment that uses advanced NanoFractional RF technology to smooth texture, soften fine lines, minimize acne scars and pores, and restore a brighter, firmer, more youthful complexion.

INTENSE PULSED LIGHT (IPL) VERSA:

IPL VERSA NECK: 1 session - \$42 / 6 sessions - \$252

IPL VERSA CHEST: 1 session - \$42 / 6 sessions - \$252

IPL VERSA ARMS: 1 session - \$50 / 6 sessions - \$300

IPL VERSA HANDS: 1 session - \$42 / 6 sessions - \$252

IPL VERSA LEGS: 1 session - \$50 / 6 sessions - \$300

IPL ISOLATED PIGMENTATION LEGIONS:

1 session - \$60 / 6 sessions - \$360

VENUS VERSA TRIBELLA:

1 session - \$890 / 3 sessions - \$2,670 (1 hr 30 min)

VENUS VERSA BODY CONTOURING:

ARMS: 1 session - \$180 / 10 sessions - \$1,800 (45 min)

BRA LINE: 1 session - \$180 / 10 sessions - \$1,800 (45 min)

ABDOMEN: 1 session - \$270 / 10 sessions - \$2,700 (45 min)

FULL THIGHS:

1 session - \$270 / 10 sessions - \$2,700 (1 hr 20 min)

VENUS VERSA SERVICES:

EYE LAXITY: 1 session - \$110 / 10 sessions - \$1,100 (45 min)

EYEBROW LIFT: 1 session - \$60 / 10 sessions - \$600 (45 min)

NECK: 1 session - \$180 / 10 sessions - \$1,800 (40 min)

FLANKS: 1 session - \$180 / 10 sessions - \$1,800 (1 hr 15 min)

VENUS VIVA SERVICES:

FACE: 1 session - \$500 / 3 sessions - \$1,500 (1 hr)

NECK: 1 session - \$600 / 3 sessions - \$1,800 (1 hr)

FACE & NECK:

1 session - \$900 / 3 sessions - \$2,700 (1 hr 30 min)

other services

LASH LIFT: \$150 - 1 hr 10 min

LASH TINT: \$20 - 15 min

EYEBROW TINT: \$20 - 30 min

MICROCURRENT: (1 hr 30 min)

1 session - \$225 / 10 sessions - \$2,250

MICRONEEDLING/MICROCHANNELING: (1 hr 30 min)

1 session - \$350 / 4 sessions + 1 free session - \$1,350

SKIN CLASSIC: starts at \$50

- Sebaceous Hyperplasia
- Cherry Angiomas
- Skintag Removal
- Broken Capillaries
- Flat Hyperpigmentation
- Raised Pigmentation